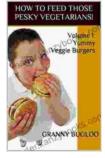
## How to Feed Those Pesky Vegetarians

# A Comprehensive Guide to Cooking Delicious and Satisfying Vegetarian Meals

If you're looking for a comprehensive guide to cooking delicious and satisfying vegetarian meals, look no further than "How to Feed Those Pesky Vegetarians." This book is packed with over 100 recipes, tips, and techniques that will help you create mouthwatering vegetarian dishes that will please even the most discerning meat-eaters.



HOW TO FEED THOSE PESKY VEGETARIANS!: Volume 1: Yummy Veggie Burgers 🔶 🚖 🚖 🚖 🌟 5 out of 5 Language : English File size : 1869 KB : Enabled Text-to-Speech Screen Reader : Supported Enhanced typesetting : Enabled Word Wise : Enabled Print length : 77 pages : Enabled Lending



Author and chef Robin Robertson has been a vegetarian for over 20 years, and she knows a thing or two about cooking delicious plant-based meals. In "How to Feed Those Pesky Vegetarians," she shares her secrets for creating flavorful and satisfying vegetarian dishes that are sure to impress. The book is divided into chapters on appetizers, soups, salads, main courses, side dishes, and desserts. Each chapter features a variety of recipes, from simple and quick to more complex and time-consuming. There's something for everyone in this book, whether you're a beginner vegetarian or a seasoned pro.

Robertson also includes a chapter on vegetarian nutrition, which is essential reading for anyone who wants to make sure they're getting all the nutrients they need on a plant-based diet. She covers topics such as protein, iron, calcium, and vitamin B12, and she provides tips on how to get enough of these nutrients from plant-based foods.

If you're looking for a comprehensive guide to cooking delicious and satisfying vegetarian meals, "How to Feed Those Pesky Vegetarians" is the book for you. With over 100 recipes, tips, and techniques, this book will help you create mouthwatering vegetarian dishes that will please even the most discerning meat-eaters.

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#### Testimonials

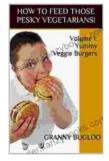
"I've been a vegetarian for over 10 years, and I've never found a cookbook that I love as much as this one. Robin Robertson's recipes are delicious, creative, and easy to follow. I highly recommend this book to anyone who wants to cook delicious vegetarian meals."

#### - Sarah, happy vegetarian

"I'm a meat-eater, but I love eating vegetarian meals. This book has helped me to create delicious vegetarian dishes that my whole family enjoys. Thank you, Robin Robertson!"

- John, satisfied meat-eater

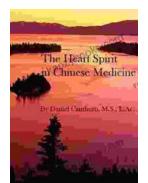
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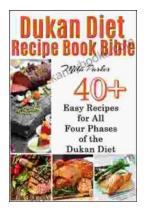


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