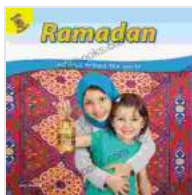


# Holidays Around the World: Ramadan



## Holidays Around the World Ramadan by Laura Lyn DiSiena

★★★★☆ 4.7 out of 5

Language : English

File size : 4444 KB

Screen Reader : Supported

Print length : 16 pages



## What is Ramadan?

Ramadan is the ninth month of the Islamic calendar. It is a time of fasting, prayer, and reflection for Muslims around the world. The fast begins at dawn and ends at sunset each day. During this time, Muslims abstain from food, drink, and other sensual pleasures. They also spend more time in

prayer and meditation, and make an effort to be more charitable and compassionate.

### **Why do Muslims fast during Ramadan?**

There are many reasons why Muslims fast during Ramadan. Some of the most common reasons include:

- To obey the command of Allah (God)
- To purify their bodies and souls
- To develop self-discipline and self-control
- To experience hunger and thirst, and to empathize with those who are less fortunate
- To seek forgiveness for their sins

### **How is Ramadan celebrated?**

Ramadan is celebrated in a variety of ways around the world. However, some of the most common traditions include:

- Fasting from dawn to sunset
- Praying five times a day
- Reading the Quran
- Giving charity
- Spending time with family and friends

### **What is the significance of Ramadan?**

Ramadan is a time of great spiritual significance for Muslims. It is a time to reflect on their faith, to make amends for their sins, and to grow closer to Allah. Ramadan also serves as a reminder of the importance of community and charity. By sharing food and spending time together, Muslims strengthen their bonds and create a sense of unity.

## Eid al-Fitr

Eid al-Fitr is the three-day festival that marks the end of Ramadan. It is a time of great celebration and feasting. Muslims gather with family and friends to exchange gifts, eat special foods, and pray. Eid al-Fitr is also a time to reflect on the lessons learned during Ramadan and to make a commitment to continue living a life of faith and compassion.

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